

Many parents believe that children should play team sports like football, basketball and so on, instead of individual sports such as swimming or running, during the school scheduled timetable.

**Do you agree or disagree with the above statement?**

These days, parents want/wish/seek to monitor all aspects of their children's life and it seems that even the a type of sport, in group or individual, playing at school also must be leaded-led by them. However, there are some facts that ought to be considered before any decision making.

Firstly, some solo sports are essential skills in life which should be taught during childhood and school time. For instance, not only is swimming is an attractive sport but also is a crucial ability for each person to save their life in deadly conditions. Moreover, some individual sports are free means for-of keeping us healthy and these activities should be institutionalized in our routine activities like tooth brushing. For example, running is a minority sport but if children get used to it as vital activity, they will do it in adulthood without any complaining and who doesn't-not believe in positive effects of running?

Secondly, it is seems that parents are similar to counsellors for their children and they are supposed to avoid deciding in behalf of/instead of their children even in choosinge the type of sport. As children's mentors, parents can introduce all available and safe sports to their child and let them to select a sport according to their preference. Some children enjoy being to-be as part of the team and some want to be individual and therefore forcing them to be at a specific activity usually has reverse results.

In conclusion, while children should learn to be as-a part of the team even in sport, there is-are some essential benefits for them in learning individual activities, keeping parents from steering their children toward a specific sport and also it is expected that their freedom of choice is not forgotten.